Pessaries are the preferred choice for women who may prefer to avoid surgery or have medical contraindications.

Pessaries...

The perfect noninvasive solution for assessing or resolving pelvic organ prolapse, stress incontinence, urge incontinence and nocturia associated with urinary retention.

The pessary is a safe and effective device used to manage a number of gynecologic issues including pelvic support defects, stress urinary incontinence and urinary retention. The pessary was designed to reposition the appropriate organs as a first line therapy for all women with prolapse and/or control the timing of urine flow, thus regaining her quality of life. The market-leading Milex® silicone pessaries come in a wide variety of configurations to afford the optimal fit for your patients’ needs.

As a nonsurgical tool to manage prolapse and incontinence situations, Milex pessaries have no peer. The device is inexpensive and easily managed. It also provides the opportunity to assess which surgical approach, if any, will improve the patient’s condition before going to a surgical solution.

Physicians can use pessaries to assess the effect of prolapse reduction on symptoms and assist in determining surgical options.

Pessary Fitting Process

Proper fitting of the pessary may require the patient to try several pessary shapes and sizes. Once a complete pelvic examination has been performed, the physician should start with a shape and size based on physician’s experience. Once the correct shape is determined, the largest pessary that the patient can comfortably wear is usually the most effective. After a comfortable fit, a patient should be able to squat, sit or stand without delivery of the pessary.

The physician’s finger should pass easily between the pessary and the vaginal wall. The physician should check the pessary to be sure that the intended function is met. When the indication for the pessary is stress urinary incontinence, the patient should be asked to cough to test for any leakage of urine, with the pessary out and again with it in.
<table>
<thead>
<tr>
<th>Product Code</th>
<th>Condition and Selection Criteria</th>
<th>Procedentia</th>
<th>Most Common Sizes</th>
<th>Material</th>
<th>Ease of Insertion/ Removal</th>
</tr>
</thead>
<tbody>
<tr>
<td>MXPXPER</td>
<td>Ring</td>
<td>X</td>
<td>2½ - 3¼&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Easy X</td>
</tr>
<tr>
<td>MXPXPERK</td>
<td>Ring with knob</td>
<td>X X X</td>
<td>2½ - 3¼&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Easy X</td>
</tr>
<tr>
<td>MXPXPRS</td>
<td>Ring with support</td>
<td>X</td>
<td>2½ - 3¼&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Easy X</td>
</tr>
<tr>
<td>MXPXPRS K</td>
<td>Ring with support and knob</td>
<td>X X X</td>
<td>2½ - 3¼&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Easy X</td>
</tr>
<tr>
<td>MXPXCON</td>
<td>Incontinence Ring</td>
<td>X</td>
<td>2½ - 3¼&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Easy X</td>
</tr>
<tr>
<td>MXPXSH</td>
<td>Shaatz</td>
<td>X</td>
<td>2½ - 3&quot;</td>
<td>Silicone</td>
<td>Medium X</td>
</tr>
<tr>
<td>MXPXDO</td>
<td>Donut</td>
<td>X X X</td>
<td>2½ - 3¼&quot;</td>
<td>Silicone</td>
<td>Medium/Difficult</td>
</tr>
<tr>
<td>MXPXREG</td>
<td>Regula</td>
<td>X X X X</td>
<td>1¼ - 1½&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Easy/Medium</td>
</tr>
<tr>
<td>MXPXGE</td>
<td>Gellhorn Flexible</td>
<td>X</td>
<td>2½ - 3&quot;</td>
<td>Silicone</td>
<td>Difficult</td>
</tr>
<tr>
<td>MXPXEH</td>
<td>Hodge</td>
<td>X X X</td>
<td>3½ - 4½&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Easy/Medium</td>
</tr>
<tr>
<td>MXPXHS</td>
<td>Hodge with support</td>
<td>X X X</td>
<td>2½ - 3¼&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Easy/Medium</td>
</tr>
<tr>
<td>MXPXEH K</td>
<td>Hodge with knob</td>
<td>X X X</td>
<td>3¼ - 3¾&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Easy/Medium</td>
</tr>
<tr>
<td>MXPXHS K</td>
<td>Hodge with knob and support</td>
<td>X X X X</td>
<td>3¼ - 3¾&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Easy/Medium</td>
</tr>
<tr>
<td>MXPRI</td>
<td>Risser</td>
<td>X X X</td>
<td>3½ - 4½&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Easy/Medium</td>
</tr>
<tr>
<td>MXPXES</td>
<td>Smith</td>
<td>X X X</td>
<td>3½ - 4½&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Easy/Medium</td>
</tr>
<tr>
<td>MXPXCOND</td>
<td>Incontinence Dish</td>
<td>X X</td>
<td>2½ - 3¼&quot;</td>
<td>Silicone</td>
<td>Easy/Medium</td>
</tr>
<tr>
<td>MXPXCOND S</td>
<td>Incontinence Dish with support</td>
<td>X X</td>
<td>2½ - 3¼&quot;</td>
<td>Silicone</td>
<td>Easy/Medium</td>
</tr>
<tr>
<td>MXPECT</td>
<td>Cube</td>
<td>X X X X</td>
<td>1¼ - 1½&quot;</td>
<td>Silicone</td>
<td>Medium X</td>
</tr>
<tr>
<td>MXPECT T</td>
<td>Tandem Cube</td>
<td>X X X X</td>
<td>1¼ - 1½&quot;</td>
<td>Silicone</td>
<td>Medium X</td>
</tr>
<tr>
<td>MXPGS</td>
<td>Gehrung</td>
<td>X X X</td>
<td>1¼ - 1½&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Medium/Difficult</td>
</tr>
<tr>
<td>MXPGSK</td>
<td>Gehrung with knob</td>
<td>X X X X</td>
<td>1¼ - 1½&quot;</td>
<td>Silicone &amp; Metal</td>
<td>Medium/Difficult</td>
</tr>
<tr>
<td>MXPINF</td>
<td>Inflataball</td>
<td>X X X</td>
<td>2½ - 2¼&quot;</td>
<td>Latex</td>
<td>Easy X</td>
</tr>
</tbody>
</table>

*Source: Viera AJ, Larkins-Pettigrew M. Practical use of the pessary. Am Fam Physician. May 1, 2000;61(9): 2719-26*
MILEX® Brand Pessary Product Offerings

**Ring**
For mild prolapse.
Product # MXPER (Pessary Only)
Product # MXKPER (Pessary, Trimo-San, Jel Jector)

- **Ring**
  - Product # MXPER00 1¾ 44
  - MXPER01 2 51
  - MXPER02 2¼ 57
  - MXPER03 2½ 64
  - MXPER04 2¾ 70
  - MXPER05 3 76
  - MXPER06 3¼ 83
  - MXPER07 3½ 89
  - MXPER08 3¾ 95
  - MXPER09 4 102
  - MXPER10 4½ 108
  - MXPER11 4¼ 114
  - MXPER12 4½ 121
  - MXPER13 5 127

**Ring with Knob**
For mild prolapse complicated by stress urinary incontinence.
Product # MXPERK (Pessary Only)
Product # MXKPERK (Pessary, Trimo-San, Jel Jector)

- **Ring with Knob**
  - Product # MXPERK00 1¾ 44
  - MXPERK01 2 51
  - MXPERK02 2¼ 57
  - MXPERK03 2½ 64
  - MXPERK04 2¾ 70
  - MXPERK05 3 76
  - MXPERK06 3¼ 83
  - MXPERK07 3½ 89
  - MXPERK08 3¾ 95
  - MXPERK09 4 102
  - MXPERK10 4½ 108
  - MXPERK11 4¼ 114
  - MXPERK12 4½ 121
  - MXPERK13 5 127

**Incontinence Ring**
For stress urinary incontinence.
Product # MXPCON (Pessary Only)
Product # MXKPCON (Pessary, Trimo-San, Jel Jector)

- **Incontinence Ring**
  - Product # MXPCON00 1¾ 44
  - MXPCON01 2 51
  - MXPCON02 2¼ 57
  - MXPCON03 2½ 64
  - MXPCON04 2¾ 70
  - MXPCON05 3 76
  - MXPCON06 3¼ 83
  - MXPCON07 3½ 89
  - MXPCON08 3¾ 95
  - MXPCON09 4 102
  - MXPCON10 4½ 108
  - MXPCON11 4¼ 114
  - MXPCON12 4½ 121
  - MXPCON13 5 127

**Ring with Support**
For mild prolapse complicated by a mild cystocele.
Product # MXPRS (Pessary Only)
Product # MXKPRS (Pessary, Trimo-San, Jel Jector)

- **Ring with Support**
  - Product # MXPRS00 1¾ 44
  - MXPRS01 2 51
  - MXPRS02 2¼ 57
  - MXPRS03 2½ 64
  - MXPRS04 2¾ 70
  - MXPRS05 3 76
  - MXPRS06 3¼ 83
  - MXPRS07 3½ 89
  - MXPRS08 3¾ 95
  - MXPRS09 4 102
  - MXPRS10 4½ 108
  - MXPRS11 4¼ 114
  - MXPRS12 4½ 121
  - MXPRS13 5 127

**Ring with Support & Knob**
For mild prolapse complicated by a mild cystocele and stress urinary incontinence.
Product # MXPRSK (Pessary Only)
Product # MXKPRSK (Pessary, Trimo-San, Jel Jector)

- **Ring with Support & Knob**
  - Product # MXPRSK00 1¾ 44
  - MXPRSK01 2 51
  - MXPRSK02 2¼ 57
  - MXPRSK03 2½ 64
  - MXPRSK04 2¾ 70
  - MXPRSK05 3 76
  - MXPRSK06 3¼ 83
  - MXPRSK07 3½ 89
  - MXPRSK08 3¾ 95
  - MXPRSK09 4 102
  - MXPRSK10 4½ 108
  - MXPRSK11 4¼ 114
  - MXPRSK12 4½ 121
  - MXPRSK13 5 127

**Shaatz**
For mild prolapse complicated by a mild cystocele.
Product # MXPSH (Pessary Only)
Product # MXKPSH (Pessary, Trimo-San, Jel Jector)

- **Shaatz**
  - Product # MXPSH-1 1½ 38
  - MXPSH-1¼ 1¾ 44
  - MXPSH-2 2 51
  - MXPSH-2¼ 2¼ 57
  - MXPSH-2½ 2½ 64
  - MXPSH-2¾ 2¾ 70
  - MXPSH-3 3 76
  - MXPSH-3¼ 3¼ 83
  - MXPSH-3½ 3½ 89
  - MXPSH-3¾ 3¾ 95
  - MXPSH-4 4 102
  - MXPSH-4¼ 4¼ 108
  - MXPSH-4½ 4½ 114
  - MXPSH-4¾ 4¾ 121
  - MXPSH-5 5 127
### Hodge
For stress urinary incontinence for a woman who has a very small vaginal introitus.
- Product # MXPEH (Pessary Only)
  - MXPEH00
  - MXPEH01
  - MXPEH02
  - MXPEH03
  - MXPEH04
  - MXPEH05
  - MXPEH06
  - MXPEH07
  - MXPEH08
  - MXPEH09

For stress urinary incontinence with a mild cystocele for a woman who has a very small vaginal introitus.
- Product # MXPHS (Pessary Only)
  - MXPHS00
  - MXPHS01
  - MXPHS02
  - MXPHS03
  - MXPHS04
  - MXPHS05
  - MXPHS06
  - MXPHS07
  - MXPHS08
  - MXPHS09

For stress urinary incontinence in the woman who has a small vaginal introitus.
- Product # MXPEHK (Pessary Only)
  - MXPEHK00
  - MXPEHK01
  - MXPEHK02
  - MXPEHK03
  - MXPEHK04
  - MXPEHK05
  - MXPEHK06
  - MXPEHK07
  - MXPEHK08
  - MXPEHK09

### Hodge w/ Support
For stress urinary incontinence for a woman who has a very small vaginal introitus.
- Product # MXPEH (Pessary Only)
  - MXPEH00
  - MXPEH01
  - MXPEH02
  - MXPEH03
  - MXPEH04
  - MXPEH05
  - MXPEH06
  - MXPEH07
  - MXPEH08
  - MXPEH09

For stress urinary incontinence with a mild cystocele for a woman who has a very small vaginal introitus.
- Product # MXPHS (Pessary Only)
  - MXPHS00
  - MXPHS01
  - MXPHS02
  - MXPHS03
  - MXPHS04
  - MXPHS05
  - MXPHS06
  - MXPHS07
  - MXPHS08
  - MXPHS09

For stress urinary incontinence in the woman who has a small vaginal introitus.
- Product # MXPEHK (Pessary Only)
  - MXPEHK00
  - MXPEHK01
  - MXPEHK02
  - MXPEHK03
  - MXPEHK04
  - MXPEHK05
  - MXPEHK06
  - MXPEHK07
  - MXPEHK08
  - MXPEHK09

### Hodge w/ Knob
For stress urinary incontinence for a woman who has a very small vaginal introitus.
- Product # MXPEH (Pessary Only)
  - MXPEH00
  - MXPEH01
  - MXPEH02
  - MXPEH03
  - MXPEH04
  - MXPEH05
  - MXPEH06
  - MXPEH07
  - MXPEH08
  - MXPEH09

For stress urinary incontinence with a mild cystocele for a woman who has a very small vaginal introitus.
- Product # MXPHS (Pessary Only)
  - MXPHS00
  - MXPHS01
  - MXPHS02
  - MXPHS03
  - MXPHS04
  - MXPHS05
  - MXPHS06
  - MXPHS07
  - MXPHS08
  - MXPHS09

For stress urinary incontinence in the woman who has a small vaginal introitus.
- Product # MXPEHK (Pessary Only)
  - MXPEHK00
  - MXPEHK01
  - MXPEHK02
  - MXPEHK03
  - MXPEHK04
  - MXPEHK05
  - MXPEHK06
  - MXPEHK07
  - MXPEHK08
  - MXPEHK09

### Hodge w/ Support & Knob
For stress urinary incontinence for a woman who has a very small vaginal introitus.
- Product # MXPEH (Pessary Only)
  - MXPEH00
  - MXPEH01
  - MXPEH02
  - MXPEH03
  - MXPEH04
  - MXPEH05
  - MXPEH06
  - MXPEH07
  - MXPEH08
  - MXPEH09

For stress urinary incontinence with a mild cystocele for a woman who has a very small vaginal introitus.
- Product # MXPHS (Pessary Only)
  - MXPHS00
  - MXPHS01
  - MXPHS02
  - MXPHS03
  - MXPHS04
  - MXPHS05
  - MXPHS06
  - MXPHS07
  - MXPHS08
  - MXPHS09

For stress urinary incontinence in the woman who has a small vaginal introitus.
- Product # MXPEHK (Pessary Only)
  - MXPEHK00
  - MXPEHK01
  - MXPEHK02
  - MXPEHK03
  - MXPEHK04
  - MXPEHK05
  - MXPEHK06
  - MXPEHK07
  - MXPEHK08
  - MXPEHK09

### Gellhorn
For 3rd degree prolapse/procidentia.
- Product # MXPGE (Pessary Only)
  - MXPGE-1½
  - MXPGE-1¾
  - MXPGE-2
  - MXPGE-2¼
  - MXPGE-2½
  - MXPGE-2¾
  - MXPGE-3
  - MXPGE-3¼
  - MXPGE-3½
  - MXPGE-3¾

- Product # MXKPGE (Pessary, Trimo-San, Jel Jector)
  - MXKPGE-1½
  - MXKPGE-1¾
  - MXKPGE-2
  - MXKPGE-2¼
  - MXKPGE-2½
  - MXKPGE-2¾
  - MXKPGE-3
  - MXKPGE-3¼
  - MXKPGE-3½
  - MXKPGE-3¾

Also available in:
- Short Stem: Product # MXPGRS
  - MXPGRS-1½
  - MXPGRS-1¾
  - MXPGRS-2
  - MXPGRS-2¼
  - MXPGRS-2½
  - MXPGRS-2¾
  - MXPGRS-3
  - MXPGRS-3¼
  - MXPGRS-3½
  - MXPGRS-3¾

- Rigid: Product # MXPGSS
  - MXPGSS-1½
  - MXPGSS-1¾
  - MXPGSS-2
  - MXPGSS-2¼
  - MXPGSS-2½
  - MXPGSS-2¾
  - MXPGSS-3
  - MXPGSS-3¼
  - MXPGSS-3½
  - MXPGSS-3¾

### Regula
For uterine prolapse (1st and 2nd degree).
- Product # MXPREG (Pessary Only)
  - MXPREG00
  - MXPREG01
  - MXPREG02
  - MXPREG03
  - MXPREG04
  - MXPREG05
  - MXPREG06
  - MXPREG07
  - MXPREG08

- Product # MXKPREG (Pessary, Trimo-San, Jel Jector)
  - MXKPREG00
  - MXKPREG01
  - MXKPREG02
  - MXKPREG03
  - MXKPREG04
  - MXKPREG05
  - MXKPREG06
  - MXKPREG07
  - MXKPREG08

### Regula Folding
For uterine prolapse (1st and 2nd degree).
- Product # MXPREG (Pessary Only)
  - MXPREG00
  - MXPREG01
  - MXPREG02
  - MXPREG03
  - MXPREG04
  - MXPREG05
  - MXPREG06
  - MXPREG07
  - MXPREG08

- Product # MXKPREG (Pessary, Trimo-San, Jel Jector)
  - MXKPREG00
  - MXKPREG01
  - MXKPREG02
  - MXKPREG03
  - MXKPREG04
  - MXKPREG05
  - MXKPREG06
  - MXKPREG07
  - MXKPREG08
Risser

Designed for patient with shallow pubic notch. Has larger weight bearing zone to support vaginal aspects of pubis. Helpful in cases of repeated miscarriages due to an incompetent cervix by repositioning the weight of the growing fetus.

Product # MXPRI (Pessary Only)
Product # MXKPRI
(Pessary, Trimo-San, Jel Jector)

Tandem-Cube

Support for 3rd degree prolapse/procidentia when single cube provides inadequate support. Should be removed nightly.

Product # MXPECT (Pessary Only)
Product # MXKPECT
(Pessary, Trimo-San, Jel Jector)

Incontinence Dish

For stress urinary incontinence with mild prolapse.

Product # MXPCOND (Pessary Only)
Product # MXKPCOND
(Pessary, Trimo-San, Jel Jector)

Incontinence Dish with Support

For stress urinary incontinence with mild prolapse and a mild cystocele.

Product # MXPCONDS (Pessary Only)
Product # MXKPCONDS
(Pessary, Trimo-San, Jel Jector)

Smith

Modification of Hodge pessary. For stress urinary incontinence designed for patients with a well-defined pubic-notch. Helpful in cases of repeated miscarriages due to an incompetent cervix by repositioning the weight of the growing fetus.

Product # MXPES (Pessary Only)
Product # MXKPE
(Pessary, Trimo-San, Jel Jector)

Product # in. (A) mm (A) in. (B) mm (B)
MXPES00 3 79 2 51
MXPES01 3 83 2 54
MXPES02 3 89 2 57
MXPES03 3 95 2 60
MXPES04 4 108 2 64
MXPES05 4 114 2 67
MXPES06 4 121 2 70
MXPES07 5 127 2 73
MXPES08 5 140 3 76
MXPES09 5 146 3 79
**Gehrung with Knob/Folding**

For cystocele with or without mild rectocele complicated by stress urinary incontinence.
Product # MXPGSK (Pessary Only)
Product # MXKPGSK (Pessary, Trimo-San, Jel Jector)

**Gehrung/Folding**

Support for cystocele and rectocele. It is also more adaptable in cases of procidentia where the uterus tends to herniate when other pessaries are used.
Product # MXPGS (Pessary Only)
Product # MXKPGS (Pessary, Trimo-San, Jel Jector)

**Trimo-San Vaginal Jelly**

Trimo-San is a recommended adjunct for pessary wearers.
For complete information, see product enclosure.
*Not sold outside U.S.*
Has not been tested for use during pregnancy.

**Inflatoball™**

Inflatable for 3rd degree prolapse/procidentia with or without a mild cystocele and/or rectocele.
Product # MXPINF (Pessary Only)
Product # MXKPINF (Pessary, Trimo-San, Jel Jector)

**Donut**

Support for 3rd degree prolapse/procidentia. Not to be deflated during insertion or removal. See Inflatoball if a deflatable pessary is necessary.
Product # MXPDO (Pessary Only)
Product # MXKPDO (Pessary, Trimo-San, Jel Jector)
CooperSurgical is the leading company dedicated to providing medical devices and procedure solutions that improve health care delivery to women regardless of clinical setting. Our company is fostering that position through expansion of its core businesses and introduction of advanced technology-based products which aid clinicians in the management and treatment of commonly seen conditions.